







How to change: VW Polo 5 rear shock absorbers – replacement guide



VIDEO TUTORIAL

① Important!

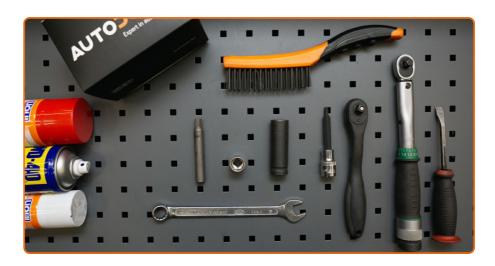
This replacement procedure can be used for: VW POLO Saloon (602, 604, 612, 614) 1.6

The steps may slightly vary depending on the car design.

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REPLACEMENT: SHOCK ABSORBERS – VW POLO 5. TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- Copper grease
- Combination spanner #16
- Drive socket # 16
- Torx bit T27
- Wheel impact socket #17

- Ratchet wrench
- Torque wrench
- Shock absorber socket #DD6
- Vice
- Crow bar
- Hydraulic transmission jack
- Wheel chock

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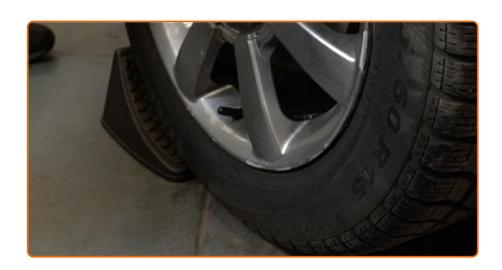


Replacement: shock absorbers – VW Polo 5. AUTODOC experts recommend:

- Both shock absorbers of the rear suspension should be replaced simultaneously.
- The replacement procedure is identical for the left and right shock absorbers of the rear suspension.
- Warning! Shut down the engine before starting any work VW Polo
 5.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1



Secure the wheels with chocks.

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Loosen the wheel mounting bolts. Use wheel impact socket #17.

3



Raise the rear of the car and secure on supports.

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Unscrew the wheel bolts.

Replacement: shock absorbers – VW Polo 5. AUTODOC recommends:

• To avoid injury, hold up the wheel when unscrewing the bolts.

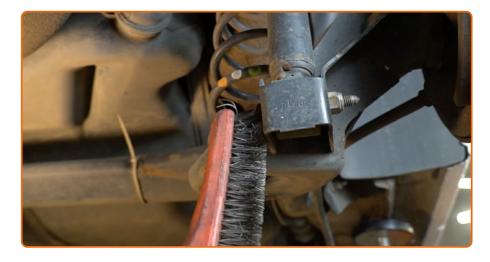
5



Remove the wheel.

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Clean the shock absorber fasteners. Use a wire brush. Use WD-40 spray.

7



Unscrew the lower fastener of the shock absorber. Use a combination spanner #16. Use a drive socket #16. Use a ratchet wrench.

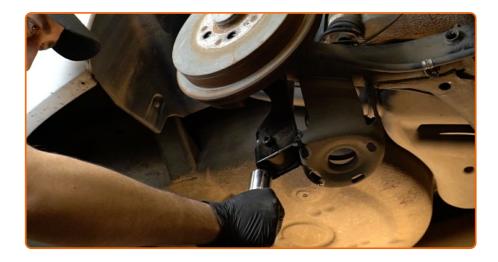
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Unscrew the wheel arch cover fasteners. Use Torx T27.

9



Support the rear suspension beam. Use a hydraulic transmission jack.

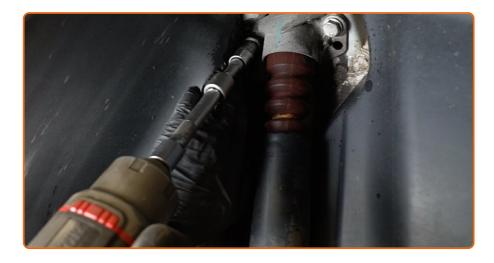
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Clean the shock absorber fasteners. Use a wire brush. Use WD-40 spray.

11



Unscrew the upper fastener of the shock absorber. Use a drive socket #16. Use a ratchet wrench.

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Remove the fastening bolt. Use a drive socket #16. Use a ratchet wrench.

AUTODOC recommends:

 Important! Hold the shock absorber while unscrewing the fastening bolts. VW Polo 5

13



Lower the hydraulic transmission jack by 10-15 cm.

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Replacement: shock absorbers – VW Polo 5. Tip:

 Lower the hydraulic transmission jack smoothly, without jerks, to avoid damaging assemblies and mechanisms.

14



Remove the shock absorber.

15



Grip the shock absorber in a vice.

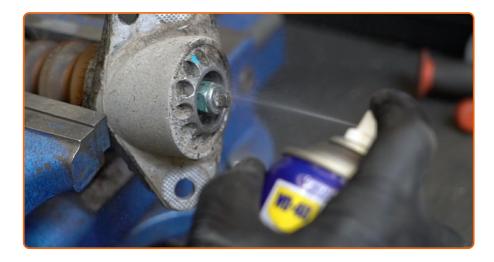
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Remove the protective cap of the shock absorber mount. Use a crowbar.

1/



Clean the shock absorber rod fastener. Use a wire brush. Use WD-40 spray.

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Remove the shock absorber piston rod fastening. Use a shock absorber socket DDN°6. Use a drive socket #16. Use a ratchet wrench.

19



Remove the shock absorber mount, boot and bump stop.

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AUTODOC recommends:

- Replacement: shock absorbers VW Polo 5. Carefully inspect the mount, the boot, and the bump stop of the shock absorber. Replace if necessary.
- Before installing a new shock absorber you should pump it manually 3-5 times.

20



Install the mount, boot and bump stop onto a new shock absorber.

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Screw the shock strut piston rod upper fastening. Use a shock absorber socket DDN°6. Use a drive socket #16. Use a torque wrench. Tighten it to 45 nm torque.

22



Treat the shock absorber rod fastener. Use copper grease.

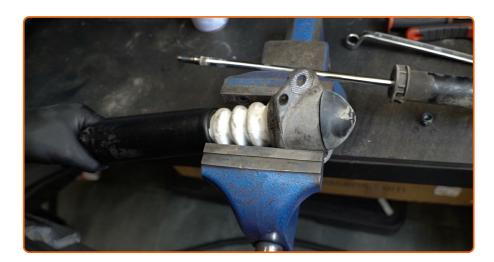
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Install the protective cap of the shock absorber mount.

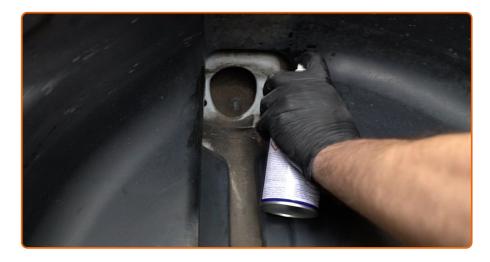
24



Release the vice and take out the shock absorber.

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Clean the shock absorber mounting seats. Use a wire brush. Use WD-40 spray.

26



Place the shock absorber in the wheel arch and secure it.

Replacement: shock absorbers – VW Polo 5. Tip from AUTODOC:

 To avoid injury, hold the shock absorber cautiously tight when screwing in the fastening bolts.

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Tighten the top shock absorber fastening. Use a drive socket #16. Use a torque wrench. Tighten it to 50 Nm torque.

28



Treat the shock absorber fasteners. Use copper grease.

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Screw in the fasteners. Use Torx T27.

30



Raise the hydraulic transmission jack by 10-15 cm. Use a hydraulic transmission jack.

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Install the fastening bolt. Use a combination spanner #16. Use a drive socket #16. Use a ratchet wrench.

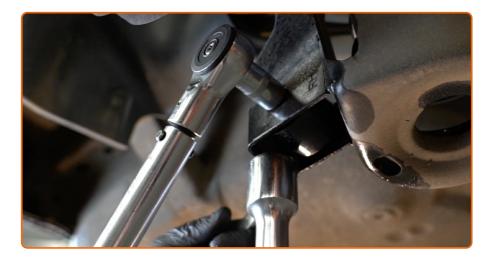
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Raise the hydraulic transmission jack by 10-15 cm.

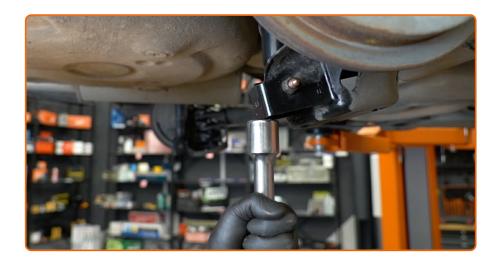
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Tighten the lower fastener of the shock absorber. Use a drive socket #16. Use a torque wrench. Tighten it to 80 Nm torque.

34



Remove the mounting from under the rear axle beam.

AUTODOC recommends:

 VW Polo 5 – Do not lower the transmission jack sharply to avoid damaging components and mechanisms of the car.

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Treat the shock absorber fasteners. Use copper grease.

36



Clean the wheel rim mounting seat. Use a wire brush.

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Treat the surface where the wheel rim contacts the brake drum. Use copper grease.

38



Install the wheel.

Replacement: shock absorbers – VW Polo 5. Tip from AUTODOC experts:

• To avoid injury, hold up the wheel when screwing in the fastening bolts.

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Screw in the wheel bolts. Use wheel impact socket #17.

40



Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.

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Remove the jacks and chocks.

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DID YOU FIND THESE INSTRUCTIONS HELPFUL?

YES

NO

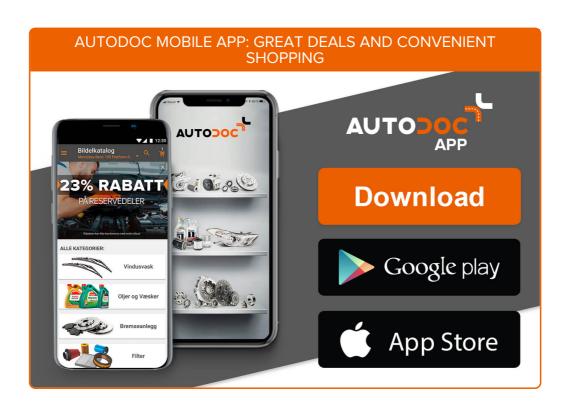


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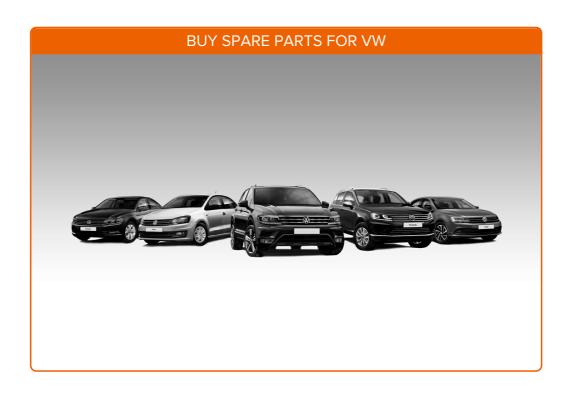
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